



# Walled Lake Northern GIRLS SOFTBALL CLINICS

## Clinic #1 All Skills

**WHEN:** Saturday, March 15<sup>th</sup> (9:30 a.m. – 12:00 p.m.)  
**TIME:** 9–9:30 a.m. Registration  
9:30 a.m. Clinic begins/12:00 p.m. Clinic ends  
**WHERE:** Walled Lake Northern High School Gyms

**WHAT TO BRING:** Wear tennis shoes and gym clothing, bring your glove, bat, helmet and water bottle

**SKILLS COVERED:** Throwing, bunting, hitting, fielding, base running, position work and more!



IMPROVE YOUR  
SKILLS  
and  
GET READY FOR  
THE SEASON!!

Throwing

Hitting

Fielding

Base running

Pitching

Catching

Footwork

Glove work

## Clinic #2 Pitchers & Catchers

**WHEN:** Saturday, April 5<sup>th</sup> (9:00 a.m. – 10:30 p.m.)  
**TIME:** 8:30–9:00 a.m. Registration  
9:00 a.m. Clinic begins/10:30 p.m. Clinic ends  
**WHERE:** Walled Lake Northern High School Gyms

**WHAT TO BRING:** Wear tennis shoes and gym clothing, bring your glove and water bottle. Pitchers must provide their own catcher. Catchers should bring all of their catching gear.

**SKILLS COVERED:** Basic pitching and catching fundamentals with planned workouts.

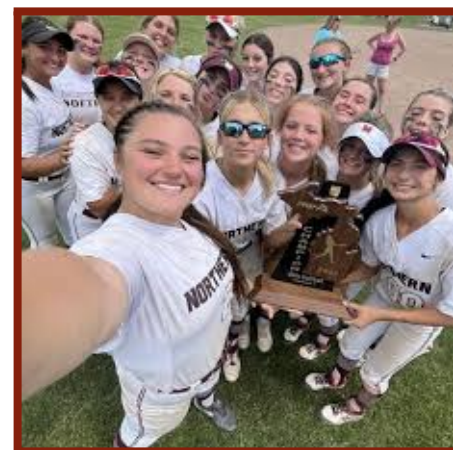
## Clinic #3 Throwing & Defense

**WHEN:** Saturday, April 5<sup>th</sup> (10:45 a.m. – 12:15 p.m.)  
**TIME:** 10:15–10:45 a.m. Registration  
10:45 a.m. Clinic begins/12:15 p.m. Clinic ends  
**WHERE:** Walled Lake Northern High School Gyms

**WHAT TO BRING:** Wear tennis shoes and gym clothing, bring your glove, and water bottle

### **SKILLS COVERED:**

Throwing mechanics, fielding footwork, glove work and many drills to improve fielding and throwing skills.



# Clinic Fees and Information



**AGES:** 5-14 years old (K-8th)

**COST:** Clinic #1 \$60 per player; includes t-shirt and clinic session  
Clinic #2 \$30 per player; includes clinic session  
Clinic #3 \$30 per player; includes clinic session

**PACKAGES:** All 3 Clinics \$100 per player; includes t-shirt and all 3 clinic sessions  
Clinic #1 with Clinic #2 or Clinic #3 \$80 per player; includes t-shirt and clinic sessions  
Clinic #2 and Clinic #3 \$50 per player; includes t-shirt and clinic sessions

**DISCOUNTS:** Early registration and sibling rates exist - **ONLINE ONLY**  
DEADLINE for special rates is Friday, March 7th

## **YOU NEED TO KNOW.....**

Spring is almost here and it's time to sharpen your skills and get ready for the softball season! Players will learn and practice techniques and drills to improve their fundamentals. New players to the game of softball are welcome!!! The clinic staff consists of our Varsity and JV coaching staff, former college players, the WLN JV & Varsity teams, and local travel ball coaches and instructors. Come learn from some of the BEST to play and coach the game!!!

All proceeds from the clinic will benefit the WL Northern Softball Program

***Walk-ins accepted but pre-registration preferred so we can be organized and ready for you!!!***

Please direct any questions to:

Kristen Woodard, Varsity Softball Coach [kristenwoodard@wlcsd.org](mailto:kristenwoodard@wlcsd.org)

**(REGISTER ONLINE or Please return bottom portion with payment)**

### **WL Northern Girls Softball Clinic Registration Form**

Mail to: Kristen Woodard, Softball Coach, Walled Lake Northern HS  
6000 Bogie Lake Rd., Commerce, MI 48382

### **Checks payable to**

Walled Lake Northern Softball

Circle clinics attending: Clinic #1 Clinic #2 Clinic #3

Fee paid: \$ \_\_\_\_\_

(please remit payment according to details posted on the flyer. Discounts are ONLINE ONLY)

CIRCLE T-SHIRT SIZE: YL AS AM AL AXL

Player Name: \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

Email Address \_\_\_\_\_ Phone #: \_\_\_\_\_

### **Emergency & Medical Information:**

Please list health issues we need to be informed of \_\_\_\_\_

Name of emergency contact (not parents) \_\_\_\_\_ Phone # \_\_\_\_\_